

## Preparation For Life: Helping Teens Develop The Critical Skills Of Engagement And Goal Attainment To Set Them Up For The Future

**Presented by:** Nancy Tarshis MA, MS, CCC-SLP

**Hosted by:** FAU CARD

### About the Presenter

Nancy Tarshis, a speech-language pathologist/special educator with extensive experience working with children and their parents, is the Director of Early Elementary Programming at The Quad Preparatory School, for twice-exceptional children, K-12. For 27 years, she was a member of the professional team at the Children's Evaluation and Rehabilitation Center (CERC) at Albert Einstein College of Medicine, serving as Supervisor of Speech and Language Services for 21 of them. In that capacity, she trained more than 400 SLP currently practicing throughout the nation. As Emeritus at CERC, she participates in ongoing research and lectures to pediatric fellows, medical residents, and psychology interns. In addition, she serves as adjunct clinical instructor at NYU, Teachers College-Columbia University, and Hunter College of City University of New York. She provides ongoing consultation on social emotional learning to many public and private schools nationally and internationally. Nancy is deeply experienced in a wide variety of therapy methodologies, including Social Thinking. She speaks frequently across the United States and internationally on its concepts and strategies and is the co-author of We Thinkers! Volume 1 Social Explorers and We Thinkers! Volume 2 Social Problem Solvers. Nancy loves to play with both toys and ideas, and she does so in her private practice, where she sees individuals from birth through adulthood.

### Training Description

**Target Audience:** (Educators, Speech and Language Therapists, Board Certified Behavior Analysts, Mental Health and Behavioral Health Therapists & providers, other Professionals and Parents may also attend.)

This video will explore a few critical life skills that should be actively taught within our schools and homes, to help our teens move into successful young adulthood. Designed to reach students with social emotional and/or organizational learning differences, we will discuss how to deliver explicit metacognitive explanations paired with practical strategies that will help teens unpack the abstract expectations at home, school and in the community. Strategies for direct instruction along with concrete tools for helping teens evolve in learning related competencies will bridge the gap between curriculum and social emotional academic learning.

### Training Objectives

Participants will be able to:

1. Explain why it's important to teach individuals the importance of being comfortable with discomfort while navigating the terrain of personal goal setting and attainment.
2. Name a few strategies for managing anxieties while building competencies to initiate and maintain face-to-face communication.
3. Define one strategy to help social learners increase flexibility and problem solving in conversations.

### Date:

July 1-31, 2024

### Location:

Online, pre-recorded, 60-minute  
webinar

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Limited to first 500 participants.

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