

PEPSA



PROFESSIONAL DEVELOPMENT

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Partnership for Effective Programs for Students with Autism

Ft. Lauderdale, FL

Kids Who Challenge Us: Reducing Anxiety & Defiant Behavior in Students with Autism and Related Disabilities

Presented by: Jessica Minahan, M.Ed., BCBA Hosted by: UM-NSU CARD

April 7, 2018

9:00 am – 3:30 pm

Registration begins at 8:30 am

Nova Southeastern University

NSU Health Professions Division
3200 S. University Drive – Room 2105
Ft. Lauderdale, FL 33314

Registration Information:

REGISTRATION IS MANDATORY

DEADLINE: April 4, 2018

Limited to first 200 participants

Register online at:

<http://doepartnership.fmhi.usf.edu/trainings.html>

For more information contact:

card@nova.edu

or (954) 262-7111

Directions:

For directions click [HERE](#)

Credits:

ASHA CEUs & Broward Schools

Master Points Available

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.

About the Presenter

Jessica Minahan holds dual master's degrees in special education and elementary education and is also a board-certified behavior analyst (BCBA). She specializes in working with students who have emotional and behavioral disabilities, anxiety disorders, or high-functioning autism. Her particular interest is in combining behavioral interventions with a comprehensive knowledge of best practices to serve students with complex mental health profiles and learning needs. She is the author/co-author of *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students* and *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors*.

Training Description

Target Audience: CBAs, Psychologists, SLPs, OTs, PTs, Educators, Social Workers & Family Members

Many children with autism and related disabilities experience anxiety. Without intervention, they are at risk for poor performance, diminished learning, and social/behavior problems in school. Understanding the role anxiety plays in a student's behavior is crucial and the use of preventive strategies is key to successful intervention. Effective behavior plans for these students must avoid the reward and punishment-based consequences from traditional behavior plans and focus instead on the use of preventive strategies and explicitly teaching coping skills, self-monitoring, and alternative responses.

Training Objectives

Participants will be able to:

- List common antecedents for students with anxiety.
- Enumerate strategies to promote initiation, persistence, and help-seeking skills in students with work avoidance.
- Identify why common teacher practices and interventions may not always work for students with anxiety-related behavior.
- Describe classroom friendly self-monitoring strategies.
- List strategies for reducing negative thinking toward writing.

Disclosures:

Financial: Jessica receives royalties from the publisher of her books and honoraria from speaking engagements as a self-employed author and speaker, and receives fees as a self-employed consultant.

Non-financial: No relevant non-financial relationships exist



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