

Leveling UP! Comprehensive Support for Emotional Regulation

Presenters: Amy Laurent, PhD, OTR/L & Jacquelyn Fede, PhD

Hosted by: UM-NSU CARD

About the Presenters

Amy Laurent, PhD, OTR/L specializes in the education of autistic children. Her work involves creating learning environments designed to facilitate children's active engagement at home, in schools, & in their communities. She is a co-author of the SCERTS model & frequently lectures around the globe. She is passionate about neurodiversity & helping others to honor & understand the implications of "different ways of being" in relation to navigating the physical & social world. Amy strives to practice what she preaches & uses her love of play, dance, & movement to meet her own regulatory needs.

Jacquelyn Fede, PhD is a super fun, autistic self-advocate, developmental psychologist & program evaluator. Her research interests include immigration policy, autism, & community engagement. She uses her experience to help educate others about autism through lecturing, blogging & consulting on evaluation projects. A full scholarship Division 1 athlete in college, Dr. Fede continues to meet her sensory needs by seeking extreme physical activity. She also enjoys the use of creativity & art for expression.

Training Description

Target Audience: Educators, administrators, SLP's, OT's and family members

This session introduces a comprehensive suite of emotional regulation supports developed by Autism Level UP! Participants will have interactive opportunities use the tools/strategies presented while considering an autistic individual in their lives. Modifications for the supports will be discussed for individuals at a variety of developmental levels (e.g., students who are not yet communicating using words, those who are emerging language learners, and those who are conversational).

Training Objectives

Participants will be able to:

- Discuss an individual's energy levels and the impact of these levels and environmental factors on active engagement.
- Explain at least 4 strategies that can be used to support emotional regulation.
- Identify factors impacting a person's energy level & how these factors may pose challenges or provide support, depending on context.
- Create an emotional regulation support plan for an autistic individual in their lives.

Date:

April 4, 2020

8:30 am – 3:30 pm

Location:

OFFERED ONLINE ONLY

Registration Deadline: April 3, 2020

Limited to first 400 participants

Register Online:

<http://doepartnership.fmhi.usf.edu/trainings.html>

Registration is mandatory.

A link to Join the Training online will be sent via email after registering

For more information contact:

CARD@nova.edu

or (954) 262-7111

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.

ASHA CEUs Available!

AOTA CEUs are pending