

PEPSA



PROFESSIONAL DEVELOPMENT

Free!

Partnership for Effective Programs for Students with Autism

Jacksonville, FL

STRATEGIES FOR STUDENTS WITH ANXIETY OR OPPOSITIONAL BEHAVIOR

Presented by: Jessica Minahan, M.Ed., BCBA Hosted by: UF Jacksonville CARD and FDLRS, FDLRS/Crown, and Duval County Schools

June 22, 2017

9:00 am – 4:00 pm
Registration begins at 8:15 am

UNF University Center

12000 Alumni Dr.
Jacksonville, FL 32224

Registration Information:

REGISTRATION IS MANDATORY

DEADLINE: June 12, 2017
Limited to first 200 participants

Register online at:

<http://doepartnership.fmhi.usf.edu/trainings.html>

For more information contact:

Autumn Mauch

Autumn.mauch@jax.ufl.edu or
904-633-0801

Directions:

For directions click [HERE](#)

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.

About the Presenter

Jessica Minahan is a licensed and board-certified behavior analyst, author, special educator, and consultant to schools nation-wide (www.jessicaminahan.com). Jessica has over 17 years of experience supporting students who exhibit challenging behavior in urban public school systems. She is a blogger on The Huffington Post as well as an author of *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students*, with Nancy Rappaport (Harvard Education Press, 2012), and *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors* (Harvard Education Press, 2014).

Training Description

Target Audience: Administrators, Teachers, Therapists, and Caregivers of students with autism and/or anxiety disorder

With up to one in four children struggling with anxiety in this country, overwhelmed adults need a new approach as well as an effective and easy-to-implement toolkit of strategies that work. Using case studies, humorous stories, and examples of common challenging situations, participants will learn easy-to-implement preventive tools, strategies, and interventions for reducing anxiety, increasing self-regulation, work engagement, and self-monitoring.

Training Objectives

Participants will describe:

- Common antecedents in prescribed case studies of students with anxiety.
- Four parts of a transition analyzed in the FBA presented.
- Self-monitoring strategies, used in prescribed case study, which promoted self-calming behavior in a student with anxiety.



Regional Trainings are hosted by the Center for Autism and Related Disabilities, through the Partnership for Effective Programs for Students with Autism (PEPSA), a program funded by the State of Florida, Department of Education, K-12 Public Schools, Bureau of Exceptional Education and Student Services, through federal assistance under the Individuals with Disabilities Education Act (IDEA), Part B. www.DOEpartnership.org