

PEPSA



PROFESSIONAL DEVELOPMENT

Free!

Partnership for Effective Programs for Students with Autism

Jacksonville, FL

Overcoming Anxiety and Reducing Bullying in Children and Teens

Presented by: Jed Baker, Ph.D.

Hosted by: UF-Jacksonville CARD and FDLRS-MDC, FDLRS/Crown, Duval County Schools, and FDLRS/NEFEC

June 14, 2018

9:00 am – 4:00 pm

UNF University Center

12000 Alumni Drive
Jacksonville, FL 32224

About the Presenter

Jed Baker, Ph.D., is the director of the Social Skills Training Project, a private organization serving individuals with autism and social communication problems. He is on the professional advisory board of Autism Today, ASPEN, ANSWER, YAI, the Kelberman Center, and several other autism organizations. In addition, he writes, lectures, and provides training internationally on the topic of social skills training and managing challenging behaviors. He is an award-winning author of five books, including *Social Skills Training for Children and Adolescents with Asperger's Syndrome and Social Communication Problems*; *Preparing for Life: The Complete Handbook for the Transition to Adulthood for Those with Autism and Asperger's Syndrome*; and *No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior*. His work has also been featured on ABC World News, Nightline, the CBS Early Show, and the Discovery Health Channel.

Training Description

Target Audience: Teachers, Professionals, and Parents of Persons with Autism and Related Disabilities

A comprehensive approach to treating anxiety is described, including: motivating clients to participate, educating them about their anxiety, setting up fear ladders, motivating gradual exposure, using “think like a scientist” strategies, incorporating exercise and mindfulness, and considering biomedical tools. In addition, ways to reduce bullying both in school and online are presented.

Training Objectives

Participants will be able to:

- Understand the neurobiology of anxiety and implications for treatment.
- Identify ways to facilitate gradual exposure therapy.
- Design fear ladders and “think like a scientist” strategies for a variety of anxiety disorders.
- Describe how to adapt treatment for less verbal clients.

Registration Information:

REGISTRATION IS MANDATORY

DEADLINE: June 6, 2018
Limited to first 80 participants

Register online at:

<http://doepartnership.fmhi.usf.edu/trainings.html>

For more information contact:

Autumn Mauch at

autumn.mauch@jax.ufl.edu

or (904) 633-0801

Directions:

For directions click [HERE](#)

Credits:

6 CEUs are available for behavior analysts for \$10 per CEU. Cash or check are accepted.

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.



Regional Trainings are hosted by the Center for Autism and Related Disabilities, through the Partnership for Effective Programs for Students with Autism (PEPSA), a program funded by the State of Florida, Department of Education, K-12 Public Schools, Bureau of Exceptional Education and Student Services, through federal assistance under the Individuals with Disabilities Education Act (IDEA), Part B. www.DOEpartnership.org