Managing Difficult Behavior
Presented by: Anna L. Farrin, LCSW Registered Play Therapist Supervisor
Hosted by: UF Health/Jacksonville CARD, UF Health FDLRS - MDC

About the Presenter
Anna received her undergraduate degree in Human Development from Vanderbilt University in 1996, with a specialization in Health and Human Services. She attended graduate school at UNC-Charlotte and received a Master of Social Work degree in 2010, along with a Graduate Certificate in Play Therapy from the Multicultural Play Therapy Center. She is currently a Licensed Clinical Social Worker and a Registered Play Therapist Supervisor. She has treated children with a wide range of social, emotional, and behavioral problems in a variety of settings including early intervention, residential treatment, foster care, therapeutic supervised visits, private practice, and in the day treatment program in Duval County Public Schools. Anna has provided trainings for parents of young children, local agencies, teachers, in-home therapists, and foster parents. She has a client-centered approach to working with young children, and especially enjoys strengthening parent-child and teacher-child relationships through the language of play.

Training Description
Target Audience: (teachers, school and district administrators, professionals, and parents/caregivers of students with challenging behaviors)
This training will teach skills to effectively manage difficult behavior in young children. Participants will learn to respond to behavioral challenges in a way that changes the behavior and strengthens their relationship with the child.

Training Objectives
Participants will be able to:

- Effectively discipline and limit inappropriate behavior.
- Meet children’s emotional needs.
- Articulate the difference between reward-based discipline and punishment-based discipline.
- Communicate more effectively with young children.