

All You Need to Know About Childhood Anxiety but Were “AFRAID” to Ask

Presented by: Amanda Lochrie, Ph.D., ABPP

Hosted by: UF Health/Jacksonville CARD - UF Health FDLRS-MDC

About the Presenter

Amanda Lochrie, PhD, ABPP, joined Nemours in 2003 and became the chief of the Division of Psychology at Nemours Children's Specialty Care, Jacksonville, in 2014. Dr. Lochrie earned her doctorate from the Clinical Child Psychology program at the University of Kansas. She followed this with an internship in clinical child/pediatric psychology at the University of Florida Health Science Center and a postdoctoral fellowship at Nemours Children's Specialty Care, Jacksonville. Dr. Lochrie is certified by the American Board of Professional Psychology in child and adolescent psychology.

Training Description

Target Audience: Teachers, Parents & Professionals

In this session, participants will learn:

- What is anxiety?
- About the prevalence of anxiety in childhood.
- The signs and symptoms of anxiety in children.
- Different types of anxiety.
- Tools for how to identify patients with anxiety in your setting.
- Tools for how to manage patients with anxiety in your setting.
- Assessment for anxiety.
- Treatments for anxiety.
- Practice strategies/tools/practical strategies to manage anxiety.

Training Objectives

After this training, participants will be able to:

- Understand the types of anxiety in childhood.
- Identify the signs of anxiety in childhood.
- Know assessment and treatment options for anxiety.

Date:

June 13, 2019

1:00 pm – 4:00 pm

Registration begins at 12:15 pm

Location:

Adam W. Herbert University Center
Building 43, University Center
University of North Florida
12000 Alumni Drive
Jacksonville, FL 32224

Registration Deadline:

June 7, 2019

Limited to first 75 participants

Register Online:

<http://doepartnership.fmhi.usf.edu/trainings.html>

Registration is mandatory.

For more information contact:

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Directions:

For directions, click [HERE](#).

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.