

Using the Zones of Regulation®

Presented by: Jennifer Middleswart, FDLRS/NEFEC

Hosted by: UF-Gainesville CARD

About the Presenter

Jennifer Middleswart provides professional development to participants in Baker, Bradford, Union, Putnam, Flagler, St. Johns, and the Florida School for the Deaf and the Blind. She specializes in teaching strategies for working with students that have special needs, including those with autism spectrum disorder.

Training Description

Target Audience: Educators, Therapists, & Parents

This 90-minute presentation will give participants the background on the Zones of Regulation program and will provide participants with resources to use in their own classrooms. Books will be provided to participants who attend the presentation in-person.

Training Objectives

As a result of this training, participants will:

- Become familiar with the Zones, a concept designed by Leah Kuypers to help students gain skills in the area of self-regulation.
- Increase students' vocabulary of emotional terms as well as their skills in reading the facial expressions and reactions of others.
- Assist students in gaining insight into events that trigger their behavior.
- Offer calming and alerting strategies as well as problem solving skills.

Date:

December 13, 2018

3:00 pm – 4:30 pm

Registration begins at 2:00 am

Location:

FDLRS/NEFEC

3841 Reid Street

Palatka, FL 32177

Registration Deadline:

December 12, 2018

Limited to first 25 in-person participants and 100 online participants

Register Online:

<http://doepartnership.fmhi.usf.edu/trainings.html>

Registration is mandatory.

For more information contact:

Ann-Marie Orlando

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or (352) 392-7799

Directions:

For directions, click [HERE](#).

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.