

Professional Development

Using the Zones of Regulation®

Presented by: Jennifer Middleswart, FDLRS/NEFEC Hosted by: UF-Gainesville CARD

About the Presenter

Jennifer Middleswart provides professional development to participants in Baker, Bradford, Union, Putnam, Flagler, St. Johns, and the Florida School for the Deaf and the Blind. She specializes in teaching strategies for working with students that have special needs, including those with autism spectrum disorder.

Training Description

Target Audience: Educators, Therapists, & Parents

This 90-minute presentation will give participants the background on the Zones of Regulation program and will provide participants with resources to use in their own classrooms. Books will be provided to participants who attend the presentation in-person.

Training Objectives

As a result of this training, participants will:

- Become familiar with the Zones, a concept designed by Leah Kuypers to help students gain skills in the area of self-regulation.
- Increase students' vocabulary of emotional terms as well as their skills in reading the facial expressions and reactions of others.
- Assist students in gaining insight into events that trigger their behavior.
- Offer calming and alerting strategies as well as problem solving skills.

JF Center for Autism and Related Disabilities UNIVERSITY of FLORIDA

Date:

December 13, 2018 3:00 pm – 4:30 pm Registration begins at 2:00 am

Location:

FDLRS/NEFEC 3841 Reid Street Palatka, FL 32177

Registration Deadline:

December 12, 2018 Limited to first 25 in-person participants and 100 online participants

Register Online:

http://doepartnership.fmhi.us f.edu/trainings.html Registration is mandatory.

For more information contact: Ann-Marie Orlando <u>aorlando@ufl.edu</u> or (352) 392-7799

Directions: For directions, click <u>HERE</u>.

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.



Regional Trainings are hosted by the Center for Autism and Related Disabilities, through the Partnership for Effective Programs for Students with Autism (PEPSA), a program funded by the State of Florida, Department of Education, K-12 Public Schools, Bureau of Exceptional Education and Student Services, through federal assistance under the Individuals with Disabilities Education Act (IDEA), Part B.

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