

PEPSA



PROFESSIONAL DEVELOPMENT

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Partnership for Effective Programs for Students with Autism

Ocala, FL

REDUCING ANXIETY IN THE CLASSROOM

Presented by: Jessica Minahan, M.Ed., BCBA Hosted by: UF-Gainesville CARD

June 21, 2017

8:30 am – 3:30 pm
Registration begins at 8:00 am

**College of Central Florida
Webber Conference Center**

3001 SW College Road
Ocala, FL 34474

Registration Information:

REGISTRATION IS MANDATORY

DEADLINE: June 16, 2017
Limited to first 100 participants

Register online at:
<http://doepartnership.fmhi.usf.edu/trainings.html>

For more information contact:
ufcard.training@gmail.com
or 352-273-0581

Directions:
For directions click [HERE](#)

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.

About the Presenter

Jessica Minahan, M.Ed, BCBA, is a licensed and board certified behavior analyst and special educator, and a consultant to schools nationwide (www.jessicaminahan.com). Jessica has over 17 years of experience supporting students who exhibit challenging behavior in urban public school systems. She is a blogger on The Huffington Post as well as the author of *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students* with Nancy Rappaport (Harvard Education Press, 2012) and *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors* (Harvard Education Press, 2014).

Training Description

With up to one in four children struggling with anxiety, overwhelmed adults need an effective and practical toolkit of strategies. Using case studies, humorous stories, and descriptions of common challenging situations, participants will learn easy-to-implement strategies and interventions for reducing students' anxiety and increasing self-regulation and self-monitoring skills.

Training Objectives

At the conclusion of the training, audience members should:

- Understand the impact of anxiety on a child's learning and behavior.
- Be able to describe why common teacher practices and interventions might not work for students with challenges such as anxiety-related and oppositional behavior.
- Know effective interventions that are easy to implement in a busy classroom.



Regional Trainings are hosted by the Center for Autism and Related Disabilities, through the Partnership for Effective Programs for Students with Autism (PEPSA), a program funded by the State of Florida, Department of Education, K-12 Public Schools, Bureau of Exceptional Education and Student Services, through federal assistance under the Individuals with Disabilities Education Act (IDEA), Part B. www.DOEpartnership.org