Promoting and Enhancing Self-Determination in Transition

Presented by: Karrie A. Shogren, Ph.D.
Hosted by: UF-Gainesville CARD

About the Presenter

Karrie A. Shogren, Ph.D., is a professor in the Department of Special Education, senior scientist in the Life Span Institute, and director of the Kansas University Center on Developmental Disabilities. Dr. Shogren's research focuses on self-determination and systems of support for people with disabilities across the lifespan. Dr. Shogren has published over 130 articles in peer-reviewed journals and is the author or co-author of ten books and several assessment tools. Dr. Shogren has received grant funding from several sources, including the Institute of Education Sciences (IES) and the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR). Dr. Shogren is co-editor of both Inclusion and Remedial and Special Education.

Training Description

Target Audience: Educators, Individuals with ASD, and Caregivers

This presentation will provide an overview of self-determination, its development in adolescents with disabilities, and ways to promote its development and expression. Research-based interventions to teach self-determination skills will be introduced, including the Self-Determined Learning Model of Instruction. Attendees will develop knowledge of ways to teach self-determination skills, create opportunities for the use of these skills, and plan for supports and accommodations based on individualized support needs.

Training Objectives

Participants will be able to:

- Define self-determination and identify ways to promote it during the transition from school to adult life.
- Identify ways to teach self-determination skills, create opportunities for the use of these skills, and provide supports and accommodations for the expression of self-determination based on individualized support needs.
- Implement research-based interventions to support the development of self-determination, including the Self-Determined Learning Model of Instruction.