

# PEPSA



## PROFESSIONAL DEVELOPMENT

# Free!

Partnership for Effective Programs for Students with Autism

### Orlando, FL & Online

## Addressing Food Overselectivity in Children with Autism Spectrum Disorder

Presented by: Elise Summa, M.A., BCBA

Hosted by: UCF and UF-Jacksonville CARD & Toni Jennings Exceptional Education Institute

**May 12, 2018**

9:00 am – 12:00 pm  
Registration begins at 8:30 am

**Toni Jennings  
Educational Institute**

4000 Central Florida Blvd.  
Orlando, FL 32816

### Registration Information:

**REGISTRATION IS MANDATORY**

**DEADLINE: May 10, 2018**  
Limited to first 25 participants at the in-person training and 100 online.

Register online at:

<http://doepartnership.fmhi.usf.edu/trainings.html>

For more information contact:

[Erena.cabal@ucf.edu](mailto:Erena.cabal@ucf.edu) or (407) 823-6010

### Directions:

For directions click [HERE](#)

*Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.*

### About the Presenter

**Elise Summa** is a board certified behavior analyst who is currently lead clinician at UF-Jacksonville CARD. She holds a master's in clinical counseling and has worked with individuals with autism and related disabilities for 15 years. Building healthy eating behaviors is one of her passions.

### Training Description

Limited diets and food overselectivity plague many families of children who have autism spectrum disorder. Food overselectivity can affect a child's behavior, mood, education, and social opportunities. This presentation will examine common behavioral feeding issues such as overselectivity by type, brand, presentation, and texture. Participants will learn about evidence-based strategies to shape positive eating behaviors and minimize escape-maintained behaviors. The presentation is based on a behavior analytic approach to addressing food overselectivity and includes video examples from the presenter's own clinical work. This information is aimed at SLPs, behavior specialists, behavior analysts, psychologists and anyone who can spend a bit of one-on-one time working on feeding issues.

*The morning will be followed by a demonstration feeding clinic for professionals interested in enhancing skills in this area. This is not part of the training event. If interested in participating, please e-mail [terri.daly@ucf.edu](mailto:terri.daly@ucf.edu).*

### Training Objectives

At the conclusion of this training, participants will be able to:

- Identify the most common function of food refusal behaviors.
- Shape behavior through successive approximation paired with differential reinforcement.
- Increase positive eating behaviors and decrease anxiety through the use of systematic desensitization.



UNIVERSITY OF CENTRAL FLORIDA

**Toni Jennings Exceptional  
Education Institute**



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