

PEPSA



PROFESSIONAL DEVELOPMENT

Free!

Partnership for Effective Programs for Students with Autism

Milton, FL

EFFECTIVE STRATEGIES FOR STUDENTS WITH ANXIETY RELATED BEHAVIORS

Presented by: Jessica Minahan, M. Ed., BCBA Hosted by: Santa Rosa County Schools & FSU CARD

October 13 & 14, 2016

8:00 am – 3:00 pm
Registration begins at 7:30 am
(Please choose one day to attend – sessions are identical)

**The Russell Center @
Locklin Vo-Tech**

5330 Berryhill Rd.
Milton, FL 32570

Registration Information:

**REGISTRATION IS
MANDATORY**

DEADLINE: October 11, 2016
Limited to first 10 participants per day

Santa Rosa personnel: Register online through your professional development system.

All other personnel: Register online at www.doepartnership.org/trainings.html

For more information contact:

Kendra Adams
kendra.adams@med.fsu.edu
or (850) 488-4072

Directions:

For directions click [HERE](#)

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.

About the Presenter

Jessica Minahan, M. Ed, BCBA, is a board-certified behavior analyst and special educator. She is Director of Behavioral Services at Neuropsychology & Education Services for Children & Adolescents (NESCA) in Newton, Massachusetts as well as a behavior consultant to schools nationwide. She also holds an adjunct professor position in the special education department at Boston University. Jessica is a blogger on the Huffington Post, author of *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students* with Nancy Rappaport (Harvard Education Press, 2012), and author of *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors* (Harvard Education Press, 2014).

Training Description

Jessica will explain the role anxiety plays in a child's behavior and provide preventative strategies to use. The training will translate clinical information into doable and easy-to-implement strategies, tools, and interventions for reducing anxiety while also increasing self-regulation, executive functioning, and self-monitoring.

Ten seats are available each day for educators from other districts to attend this practical workshop. Register using the link to the right. Each participant who attends will receive a copy of Jessica's book, *The Behavior Code* (2012).

Training Objectives

At the completion of this training, participants will:

- Understand the role anxiety plays in a student's behavior.
- Learn preventative strategies to successfully intervene when students display anxiety-related or oppositional behaviors.



Regional Trainings are hosted by the Center for Autism and Related Disabilities, through the Partnership for Effective Programs for Students with Autism (PEPSA), a program funded by the State of Florida, Department of Education, K-12 Public Schools, Bureau of Exceptional Education and Student Services, through federal assistance under the Individuals with Disabilities Education Act (IDEA), Part B. www.DOEpartnership.org