

The RUBI Parent Training Program

Presented by: Karen Bearss, PhD

Hosted by: FAU CARD

About the Presenter

Karen Bearss, PhD is an Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington. She earned her B.S. in Psychology as well as her M.S. and Ph.D. in Clinical Psychology at the University of Florida. At UW, she directs the RUBI clinic at the Seattle Children's Autism Center. Research pursuits focus on the development, evaluation and implementation of evidence-based parenting interventions for children with autism spectrum disorder (ASD).

Training Description

Target Audience: Professionals providing parent training

The challenges parents face in raising a child with ASD has sparked interest in the use of parent training (PT) in this population, as it empowers parents to be the agent of change for their child. As a result, PT programs targeting a wide range of skills and abilities in ASD are emerging as effective. The Research Unit on Behavioral Interventions (RUBI) Autism Network developed a structured parent training manual for families of children with ASD and co-occurring disruptive behaviors. The program uses techniques grounded in applied behavior analysis to teach parents how to manage their child's behavioral problems. We conducted a series of studies on the RUBI program and found that it is acceptable to parents, can be reliably delivered by trained therapists, and reduces children's noncompliant and disruptive behavior. Because it is a time-limited intervention (11-13 weekly outpatient visits), this PT program can be implemented in a range of settings, including clinics and schools. The purpose of this training is to provide a greater understanding of the prevalence, impact, and treatment of disruptive behaviors in ASD and how parent training is a promising line of treatment for these challenging behaviors.

All participants will be required to purchase and read the RUBI Parent Manual and Clinical Manual prior to the training. www.rubinetwork.org.

Training Objectives

Participants will be able to:

- Discuss the rationale for parent training as a front-line treatment for children with ASD and disruptive behavior.
- Summarize findings from a series of large-scale randomized clinical trials on the RUBI program.
- Outline key concepts that form the overarching framework of the RUBI program.
- Review implementation strategies for the Core RUBI sessions.
- Describe procedures and modifications required to successfully implement RUBI in novel contexts (clinic setting, group, and telehealth implementation).

Date:

October 4, 2019

9:00 am – 4:00 pm

Registration begins at 8:30 am

Location:

FAU Jupiter Campus

Educational Classroom Bldg (EC)

Room 101

5353 Parkside Drive

Jupiter, FL 33458

Registration Deadline:

October 3, 2019

Limited to first 40 participants

Register Online:

<http://doepartnership.fmhi.usf.edu/trainings.html>

Registration is mandatory.

For more information contact:

CARD@fau.edu

or (561) 297-2023

Directions:

For directions, click [HERE](#).

All participants will be required to purchase a visitor parking pass online prior to attending the event:

<http://fau.edu/parking/permits.php>

Credits:

Each participant will receive a certificate from the RUBI Network.

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.