

PEPSA



PROFESSIONAL DEVELOPMENT

Free!

Partnership for Effective Programs for Students with Autism

Jupiter, FL

Pediatric Sleep Health: A Talk for Helping Professionals

Presented by: Dr. Chris McGinnis Hosted by: FAU CARD

February 9, 2018

1:00 pm – 4:00 pm

FAU Jupiter
MacArthur Campus

EC101 and 102
5353 Parkside Drive
Jupiter, FL 33458

Registration Information:

REGISTRATION IS MANDATORY

DEADLINE: February 8, 2018
Limited to first 150 participants

Register online at:

<http://doepartnership.fmhi.usf.edu/trainings.html>

For more information contact:

CARD@fau.edu
or (561) 297-2023

Directions:

For directions click [HERE](#)

Credits:

3 Social Work, Mental Health, M&F CEUs
will be available

*Be sure to contact your ESE District Staff or Staff
Development Contact to determine the process for
receiving in-service.*

About the Presenter

Dr. Chris McGinnis is a licensed psychologist, board certified behavior analyst, and pediatric sleep researcher that serves as clinic director of Boys Town South Florida's Behavioral Health Clinic headquartered in West Palm Beach with collocated services in primary care pediatric offices around the country. He speaks regularly on behavioral pediatric topics, effective parenting, distinguishing science from pseudoscience in pediatric medical and behavioral healthcare, and non-psychopathological alternatives to traditional conceptual systems in behavioral health. He has assisted in the development of the National Autism Center's National Standards Project and has served as a subject matter expert for the Behavior Analyst Certification Board.

Training Description

Sleep patterns in the pediatric population, particularly those with neurodevelopmental disorders, are quite common and yet rarely garner the clinical attention they deserve. This talk is intended to help change that reality. Dr. McGinnis will present a science-based overview of pediatric sleep disorders and offer information on prevalence, sleep requirements by age, how sleep problems impact the child and parents biologically and neurologically, as well as means by which sleep problems may be allayed. Recommendations for further reading will also be offered.

Training Objectives

Participants will be able to:

- List common pediatric sleep problems and disorders.
- Explain how these problems and disorders affect daily functioning.
- Describe the means by which these problems and disorders are best addressed.



Regional Trainings are hosted by the Center for Autism and Related Disabilities, through the Partnership for Effective Programs for Students with Autism (PEPSA), a program funded by the State of Florida, Department of Education, K-12 Public Schools, Bureau of Exceptional Education and Student Services, through federal assistance under the Individuals with Disabilities Education Act (IDEA), Part B. www.DOEpartnership.org