

PEPSA



PROFESSIONAL DEVELOPMENT

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Partnership for Effective Programs for Students with Autism

Online

Cognitive Behavioral Therapy and Individuals with ASD

Presented by: Joshua M. Nadeau, Ph.D. Hosted by: FAU CARD

Available until June 30, 2018

Replay

About the Presenter

Joshua M. Nadeau, Ph.D., is a licensed clinical psychologist who supervises the clinical treatment team in the partial hospital and intensive outpatient programs for children, adolescents, and adults at Rogers Behavioral Health – Tampa Bay. In addition to his role a clinical supervisor for Rogers, Dr. Nadeau holds a research faculty position with the pediatrics department at the University of South Florida Health Morsani College Of Medicine. In his research and practice, Dr. Nadeau focuses on the use of cognitive behavioral therapy for the treatment of obsessive-compulsive and related disorders as well as in the adaptation of evidence-based techniques to address the unique needs of youth and adults with autism spectrum disorder (ASD) and other neurodevelopmental disorders.

Training Description

This presentation will introduce Cognitive Behavioral Therapy (CBT) as an evidence-based intervention in working with individuals with ASD. CBT strategies will be modeled along with techniques and modifications.

Training Objectives

Participants will be able to:

- List and explain the reasons for increased incidence of comorbid anxiety and mood disorders among individuals with ASD.
- Discuss research findings associated with treatment modifications to address the unique needs of individuals with ASD and comorbid anxiety and/or mood disorders.
- Provide specific examples of evidence-based modifications to CBT for anxiety and mood disorders among individuals with ASD.

Registration Information:

REGISTRATION IS MANDATORY

DEADLINE: June 30, 2018

To view this replay online, register at:

<http://doepartnership.fmhi.usf.edu/trainings.html>

For more information contact:

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Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.