

PEPSA



PROFESSIONAL DEVELOPMENT

Free!

Partnership for Effective Programs for Students with Autism

Jupiter, FL

Cognitive Behavioral Therapy and Individuals with ASD

Presented by: Joshua M. Nadeau, Ph.D. Hosted by: FAU CARD

May 11, 2018

9:00 am – 4:00 pm

FAU Jupiter
MacArthur Campus

Administrative Building - Auditorium
5353 Parkside Dr.
Jupiter, FL 33458

Registration Information:

REGISTRATION IS MANDATORY

DEADLINE: May 10, 2018
Limited to first 250 participants

To view this presentation on-site or online,
register at:

<http://doepartnership.fmhi.usf.edu/trainings.html>

For more information contact:

CARD@fau.edu
or (561) 297-2023

Directions:

For directions click [HERE](#)

Credits:

*6 Social Work, Mental Health, M&F
CEUs will be available
(\$75 pre-registration, \$90 on-site)

*Be sure to contact your ESE District Staff or Staff
Development Contact to determine the process for
receiving in-service.*

About the Presenter

Joshua M. Nadeau, Ph.D., is a licensed clinical psychologist who supervises the clinical treatment team in the partial hospital and intensive outpatient programs for children, adolescents, and adults at Rogers Behavioral Health – Tampa Bay. In addition to his role a clinical supervisor for Rogers, Dr. Nadeau holds a research faculty position with the pediatrics department at the University of South Florida Health Morsani College Of Medicine. In his research and practice, Dr. Nadeau focuses on the use of cognitive behavioral therapy for the treatment of obsessive-compulsive and related disorders as well as in the adaptation of evidence-based techniques to address the unique needs of youth and adults with autism spectrum disorder (ASD) and other neurodevelopmental disorders.

Training Description

This presentation will introduce Cognitive Behavioral Therapy (CBT) as an evidence-based intervention in working with individuals with ASD. CBT strategies will be modeled along with techniques and modifications.

Training Objectives

Participants will be able to:

- List and explain the reasons for increased incidence of comorbid anxiety and mood disorders among individuals with ASD.
- Discuss research findings associated with treatment modifications to address the unique needs of individuals with ASD and comorbid anxiety and/or mood disorders.
- Provide specific examples of evidence-based modifications to CBT for anxiety and mood disorders among individuals with ASD.



Regional Trainings are hosted by the Center for Autism and Related Disabilities, through the Partnership for Effective Programs for Students with Autism (PEPSA), a program funded by the State of Florida, Department of Education, K-12 Public Schools, Bureau of Exceptional Education and Student Services, through federal assistance under the Individuals with Disabilities Education Act (IDEA), Part B. www.DOEpartnership.org.