Jupiter, Florida

My Brain Made Me Do It!

EXECUTIVE FUNCTION & SELF-REGULATION: ESSENTIAL SKILLS FOR LEARNERS WITH ASD

Presented by: Lee A. Wilkinson, Ph.D. Hosted by: FAU CARD

December 9, 2016

9:00 am - 4:00 pm

FAU Jupiter MacArthur Campus

Administrative Bldg. – Auditorium 5353 Parkside Drive

About the Presenter

Lee A. Wilkinson, Ph.D., is a licensed and nationally certified school psychologist, registered psychologist, and certified cognitive-behavioral therapist. His research and professional writing has focused primarily on behavioral consultation and therapy and evidence-based practice in assessment and intervention for autism spectrum disorder. Dr. Wilkinson is the author of the award-winning book A Best Practice Guide to Assessment and Intervention for Autism and Asperger's Syndrome in Schools, published by Jessica Kingsley Publishers. He is also editor of a volume in the American Psychological Association (APA) School Psychology Book Series, Autism Spectrum Disorder in Children and Adolescents: Evidence-Based Assessment and Intervention in Schools. His latest book is Overcoming Anxiety and Depression on the Autism Spectrum: A Self-Help Guide Using CBT.

Training Description

This full-day workshop provides an introduction to the components of executive function and self-regulation (EF/SR) and focuses on their influence on learning and adjustment. Program content will help participants better understand these critical cognitive domains and the behavioral implications of EF/SR deficits in the school setting. The presentation includes an overview of self-management planning and useful take-away strategies designed to help students on the autism spectrum learn how to regulate their behaviors independently and appropriately across home and school contexts. The workshop also offers practical insights, practice recommendations, and an up-to-date review of evidence-based interventions based upon systematic research reviews.

Training Objectives

Participants will be able to:

- Define executive functions in general, understand the relationships among and between the key domains of the executive system and discuss cognitive processing skills as they affect learning, social, emotional, attentional, and behavioral functioning.
- Understand how executive function and self-regulation skills provide critical supports for learning and development.
- Describe a variety of assessment methods available to measure and quantify the child's profile of executive functions and self-regulatory behavior.
- Define self-management within the context of positive behavior support and list the steps for developing a self-management program.
- Identify evidence-based interventions to strengthen the self-regulation skills of children and youth on the autism spectrum.

Registration Information: **REGISTRATION IS MANDATORY**

DEADLINE: December 7, 2016 Limited to first 250 participants

Register online at

www.doepartnership.org/trainings.html

For more information contact: **CARD@fau.edu** or 561-297-2023

Directions:

For directions click **HERE**

Credits:

6.0 ASHA CEUs, Social Work, Mental Health, MNF will be available (\$75 pre-registration; \$90 onsite)



"Brain Made Me Do It" is offered for up to .6 ASHA CEUs (<u>Intermediate</u> level, <u>Professional</u> area)

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving inservice.



