



## Anxiety and Depression in Students with ASD in the General Education Classroom

**Presented by: Cheryl Checkers, M.S., LMHC**

**Hosted by: FAU CARD**

### About the Presenter

Cheryl Checkers is a Licensed Mental Health Counselor in private practice. Prior to private practice, she worked as a Clinical Support Specialist for Florida Atlantic University Center for Autism and Related Disabilities (FAU CARD) and as Clinical Director for the National Alliance on Mental Illness of Palm Beach County (NAMI) where she currently serves on the Board of Directors. Cheryl has 15 years of experience treating children, teens and adults dually diagnosed with ASD and a mental health disorder. She specializes in the areas of autism spectrum disorder, severe and persistent mental illness, dual diagnosis, parent education and professional consultation.

### Training Description

This training will describe the symptoms of anxiety and depression commonly exhibited by children and adolescents with ASD. Basic strategies for supporting secondary students in the classroom will be provided.

### Training Objectives

Participants will be able to identify:

1. The common symptoms of anxiety and depression in secondary students with ASD.
2. Basic strategies that can be used to support students with ASD who experience anxiety and depression.

#### **Date:**

November 1-30, 2020

#### **Location:**

Online as a prerecorded webinar.

#### **Register Online to view:**

<https://asdandmh.eventbrite.com>

Registration is mandatory. Once registered, you will receive a link to view the presentation online.

#### **To Receive a Certificate:**

You must fill out the form at this Certificate of Completion link.

**Please write down the code shared by the presenter during the training, once registered you will receive a link to enter the code.**

#### **For more information contact:**

Mercedes Pagano  
[paganom@fau.edu](mailto:paganom@fau.edu)  
or (561) 212-8058

[CARD@fau.edu](mailto:CARD@fau.edu)  
or (561) 297-2023

*Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.*