

## Responding to Anxiety-Driven Behaviors Using Brain-Based Behavior Management Strategies

**Presented by: Kim Jackson**

**Hosted by: UF Health Jacksonville – CARD & FDLRS-MDC**

### About the Presenter

Kim Jackson is a master teacher who provides the very best learning experiences possible for each child in her care. She graduated from Winthrop University with a bachelor's degree in Early Childhood Education. She has been teaching and coaching in the public schools of North and South Carolina for over 23 years and is a national trainer and keynote speaker.

### Training Description

Participants will learn how to correctly identify the brain state that a child is operating from and respond to that brain state in a manner that helps the child regain emotional and behavioral control and avoid behavioral errors and crisis escalation.

### Target Audience:

Teachers, school leaders, administrators, and family members.

### Training Objectives

Participants will:

- Learn about the three brain states: Survival State, Emotional State, Executive State.
- Learn the skills needed to respond to each brain state helpfully.
- Learn about tools to meet the needs of students at each brain state.
- Understand the difference between traditional models of discipline and the Conscious Discipline approach.

### Date:

June 6, 2023

9:00 am – 4:00 pm

Registration begins at 8:00 am

### Location:

Adam W. Herbert University Center  
University of North Florida  
12000 Alumni Drive  
Jacksonville, FL 32224

### Registration Deadline:

May 30, 2023

Limited to first 100 participants

Register [HERE](#)

*Registration is mandatory.*

### For more information contact:

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### Directions:

For directions, click [HERE](#).

*Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.*