

## Meltdowns, Social Rules, and Structure: Practical Solutions from Brenda Smith Myles

**Presented by: Brenda Smith Myles, Ph.D.**

**Hosted by: UF-Gainesville CARD**

### About the Presenter

Brenda Smith Myles Ph.D., formerly, a professor in the Department of Special Education at the University of Kansas, is the recipient of the Autism Society of America's Outstanding Professional Award, the Princeton Fellowship Award, The Global and Regional Asperger Syndrome (GRASP) Divine Neurotypical Award, American Academy of Pediatrics Autism Champion, and two-time recipient of the Council for Exceptional Children Burton Blatt Humanitarian Award. Brenda has made over 3000 presentations all over the world and written more than 300 articles and books on autism. Further, in the latest survey conducted by the University of Texas, she was acknowledged as the second most productive applied researcher in ASD in the world.

### Training Description

**Target Audience:** Educators, Administrators, SLPs, OTs, PTs, & Family Members

#### **Session 1: Hidden Curriculum: Practical Solutions for Understanding Rules in Social Situations**

The Hidden Curriculum — the set of rules or guidelines that are often not directly taught but are assumed to be known—may not be intuitive for autistic people. This session includes why the hidden curriculum is difficult for autistic learners and practical tips for teaching these hidden social needs to children and to adults and stresses the importance of making these a part of everyday life.

These sessions are standalone but complementary. Participants are encouraged to attend all sessions if possible.

### Training Objectives

Participants will be able to:

- Define and explain the hidden curriculum's applicability to school, community, and home.
- Describe strategies that can be used at the three stages of meltdown.
- Discuss evidence-based supports and strategies that support communication, regulation/anxiety, social skills, and academics for autistic learners.

#### **Date:**

**Session 1: April 17, 2024**

Session 2: April 24, 2024

Session 3: May 1, 2024

4:00 pm – 6:00 pm

#### **Location:**

Online via Zoom

#### **Registration Deadline:**

April 16, 2024

Limited to first 500 participants

#### **Register [here](#)**

*Registration is mandatory.*

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*Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.*