

## Navigating a Later Diagnosis of ASD in Female Adolescents and Young Adults: A Roadmap for Parents

**Presented by: Cheryl Checkers, M.S., LMHC**  
**Hosted by: FAU CARD**

### About the Presenter

Cheryl Checkers, MS, LMHC, NCC, CCMHC is a Licensed Mental Health Counselor, National Certified Counselor and National Certified Clinical Mental Health Counselor in private practice where she specializes in the treatment of adolescents and adults with ASD and comorbid mental health diagnoses, parent education and support and professional consultation. In addition, Cheryl is a clinical consultant for Florida Atlantic University Center for Autism and Related Disabilities. She holds advanced certifications as a Clinical Anxiety Treatment Professional and Clinical Trauma Professional and has over 20 years of experience working with adolescents and adults with ASD and mental health diagnoses.

### Training Description

**Target Audience:** (Parents)

It can be incredibly daunting and overwhelming for a parent when confronted with a later diagnosis of autism spectrum disorder in their adolescent or young adult daughter. This presentation will provide parents tools to move forward after a late diagnosis by creating a plan that addresses common female-specific treatment needs, interventions, accessing services and other important resources. In addition, participants will receive helpful information to address the needs of the entire family.

### Training Objectives

Participants will be able to:

- Understand the impact of a late diagnosis on the family system
- Identify first steps after receiving a diagnosis
- Recognize tools necessary for self-care and family support
- Understand the common challenges of females with ASD
- Understand components of building a plan and support team

#### Date:

October 1-31, 2022  
Registration: Open

#### Location:

Online, pre-recorded, 60-minute  
webinar

#### Registration Deadline:

October 31, 2022  
Limited to first 500 participants

#### Register [here](#)

*Registration is mandatory. Once registered, you will receive a link to view the presentation online.*

#### For more information contact:

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*Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.*