

“If only my parents knew...” a retrospective view of what Autistic women wished their parents had said or done to support their wellbeing

Presented by: Dori Zener, MSW RSW

Hosted by: FAU CARD

Training Description

As a parent, it can be hard to know if you are making the right choices for your daughter, especially if she is neurodivergent. Competing messages, theories and approaches can make parenting feel overwhelming and confusing. This talk will combine clinical expertise from Dori’s work with Autistic women for over 15 years and share interviews with Autistic women speaking from their experiences about what created a supportive environment growing up, and which experiences may have caused harm. The goal of this talk is for parents to feel more empowered to raise children who understand their unique wiring and are proud and accepting of their neurodivergence.

Training Objectives

- Hear what Autistic women wished their parents did more or less of when they were children
- Build a closer relationship to your neurodivergent child by understanding how your child may experience the world
- Learn what factors place Autistic girls and women at risk for traumatic experiences, and how to best protect them from these
- Learn to foster a positive neurodivergent identity in your child

About the Presenter

Dori Zener (she/her), MSW, RSW, is a registered social worker and the Director of Dori Zener & Associates, a neurodiversity-affirming mental health and peer support agency in Toronto, Canada. From her work as an Individual, Couple and Family Therapist she created INVEST, a person-centered strengths-based framework that supports the mental health of neurodiverse individuals across the lifespan. Dori has expertise in working with Autistic girls and women. She believes in the power of shared lived experience to enhance connection and foster hope and has championed the development of five Autistic-led peer support groups in her private practice. Dori is passionate about autism acceptance and endeavors to expand the understanding of autism through publications, training, research collaborations and professional consultation.

Registration Begins:

May 1, 2023

Registration End:

May 31, 2023

Where: Online, pre-recorded
webinar

Duration: About 60 minutes

Audience: Mental Health and
Behavioral Health Therapists &
providers, Educators, Clinicians,
Professionals, Parents

Limited to first 500 participants

Register to view online:

<https://parentknew.eventbrite.com>

*Registration is mandatory. Once
registered, you will receive a link to
view the presentation online.*

*You must fill out the form at this Certificate of
Completion link.*

*Please write down the code shared by the presenter
during the training, once registered you will receive
a link to enter the code.*

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