

Aligning Autism Intervention and Mental Health Outcomes to Build Resilience

Presented by: Laura K. Sibbald, M.A., CCC-SLP, ASDCS, CYMHS

Hosted by: FAU CARD

About the Presenter

Laura K. Sibbald, MA, CCC-SLP, ASDCS, CYMHS is coauthor of the Trauma-Informed Social-Emotional Toolbox for Children & Adolescents (PESI, 2020) and the Parenting Toolbox (PESI, 2018). She was an invited speaker and moderator at PESI's 2021 Autism Symposium, where she also had the privilege of interviewing the keynote speaker Dr. Temple Grandin. She is an active member of MSHA and ASHA committees, and is currently the chair of the Alumni Advisory Council for the Speech-Language Hearing Science Department at George Washington University. Laura graduated from GWU in 2011 with a Master's in speech-language pathology. She is a resident of the DC metro area.

Training Description

Target Audience: (Mental / behavioral health providers, educators & professionals)

Over the past two years, children across the country have experienced significant changes within their homes, schools, and communities. These changes in our established routines and expectations create obstacles to learning and growth. Neurodiverse students are especially vulnerable to these impacts, as they work to process complex emotions and implement healthy coping strategies in their new environment. This session will explore critical components to effective therapeutic intervention by connecting the Attachment, Regulation and Competency (ARC) Framework on trauma with evidence-based practices for autism. Through the development of a reciprocal therapeutic relationship, neurodiverse children gain the co-regulation skills necessary to develop self-awareness, and ultimately empower independent problem-solving and resilience skills.

Training Objectives

Participants will be able to consider, identify, and implement:

- A trauma informed lens on supporting growth areas for neurodiverse individuals
- Critical elements for building a safe, therapeutic, and educational environment for neurodiverse individuals
- Strategies that support self-awareness, emotional advocacy, problem solving, and resilience in neurodiverse individuals

Date:

May 1-31, 2022

Registration begins at 10:00 am

Location:

Online, pre-recorded webinar

Registration Deadline:

May 30, 2022

Limited to first 500 participants

Register [here](#)

Registration is mandatory.

For more information contact:

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