# Partnership for Effective Programs for Students with Autism

### Professional Development

FAU Center for Autism and Related Disabilities

## The Mental Health of the Autism Spectrum Community: How can We Catch It and Treat It?

Presented by: Dr. Shari Pearson, Ph.D., Licensed Psychologist Hosted by: FAU CARD

#### **About the Presenter**

Dr. Shari Pearson is a clinical psychologist located in Palm Beach County. She specializes in providing treatment and evaluations to children, adolescents, and adults. The primary focus of her private practice involves providing neuropsychological evaluations to assess for learning disabilities, ADHD, Autism Spectrum, and Mood Disorders. Dr. Pearson graduated from the University of Florida with a Bachelor of Science degree in Psychology and from The George Washington University with a Ph.D. in Clinical Psychology.

#### **Training Description**

**Target Audience:** (Mental / behavioral health providers, educators, clinicians, & professionals)

People with Autism Spectrum Disorder (ASD) often struggle with their mental health as a result of a missed diagnosis and/or co-existing conditions. This presentation will discuss the wide variability of mental health symptoms in people with ASD. We will also focus on the evaluation and management of comorbid mental health problems commonly found among individuals with ASD.

#### **Training Objectives**

Participants will be able to:

- Distinguish between different mental health problems in teens.
- Understand the evaluation process and how talk to clients about it.
- Understand different supports and services regarding mental health.
- Learn about academic accommodations.
- Understand mental health during puberty and transition to college.
- Understand the process of Baker acting individuals with ASD.
- Understand the commonality of misdiagnosing ASD.

#### Date:

September 1-30, 2022 Registration: Open

#### **Location:**

Online, pre-recorded, 60-minute webinar

#### **Registration Deadline:**

September 30, 2022 Limited to first 500 participants

#### Register here

Registration is mandatory. Once registered, you will receive a link to view the presentation online.

#### For more information contact:

Contact Name <a href="mailto:paganom@fau.edu">paganom@fau.edu</a> or (561) 212-8058

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Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.